

link

O heart of my being, O all, I am one with you.
I am within you, by you, and with you.
I recognize your presence within the living that constitutes my whole being.
And I am dust in what I see of you.
Yet never separated.

all

You are all: consciousness, light, substance, and creative life that oppose emptiness.
All around me, you are the power, the substance, and the intelligence from which things are formed and through which they appear in my experience.
Within me, you are the continuous source and the ground of my existence, the life of my mind, the intelligence of my thought.
I decide that, with me, you are here wisdom, love, and truth.

practice

From where I stand, I express you through my body and my creative activity.
I seek to grow so that I can express you to the best of my ability and in truth.
To this end, and through the vigilance of my mind, I strive at every moment to remain united with you in thought.
I allow only you—wisdom, love, and truth—to move in my mind.

law of desire and faith

The desire of my thought, rooted in the soil of my existence, is quickened by me in my spirit.
In the fullness of time, and through the law of faith, it is brought into visibility in my experience.
I know that the good I desire is already present in invisible form and but awaits the fulfillment of the law to manifest itself, and I know that it comes to me solely through the strength of my faith in my desire.

my desire

This is my desire:
Within me, I want to possess the strength and intelligence necessary to remain united with you in thought and in truth at every moment of my existence.
And I also want to be the temple in which you dwell from this moment on.
And thus, in this perfect union, I want to receive eternal life.

Here, I want to express wisdom, love, and truth.
I want to realize harmony, happiness, and abundant prosperity.
I want to understand how to bring forth from the universal substance that which will satisfy every good desire.
And this, solely to be of service to each one, who is also within you, by you, and with you.

conclusion

That which I desire is now made clear. I form in my mind only that which I desire.
As a seed grows underground in the quiet and in the dark, so does my desire now take form in the silent, invisible realm of my existence.
I enter my secret room and make it your home.
Quietly and confidently, I strengthen each day our secret bond, that you may manifest yourself ever more vividly in my experience: wisdom, love, and truth.

thanks

O heart of my being, O all, I thank you for my mind, I thank you for my words, and I thank you for my body.

short version

O heart of my being, O all, I open to you the temple you give me and make it your home.
Here, I give you my body, my word, and my spirit to create all the goodness within you.
And I guard my existence to contemplate you and love you eternally.