

O heart of my being, O All, I am one with you.  
I am in You, by You and with You.  
I recognize your presence within the living that constitutes my whole being.  
And I am dust in what I see of you.  
But never separated.

You are All : consciousness, light, substance, and creative life that oppose emptiness.  
All around me, you are the power, the substance and the intelligence from which all things are formed and through which they are created.  
You are the continuous source of my existence, the life of my mind, the intelligence of my thought.  
To me, you are Wisdom, Love and Truth.

From where I am, I express you through my body and my creative activity.  
I seek to grow so that I can express you to the best of my ability and in truth.  
For this reason and through the vigilance of my mind, I strive at every moment to remain united with you in thought.  
I allow only You Spirit—Wisdom, Love and Truth— to move in my mind.

The desire of my thought, rooted in the soil of my existence, is quickened by your life in my spirit.  
In the fullness of time and through the law of faith, it is brought into visibility in my experience.  
I know that the good I desire is only waiting for the fulfillment of the law to be made visible and I know that this will come only through the strength of my faith in my desire.

This is my desire: I want to be united with you in thought at every instant.  
O heart of my being, O All, I ask to express Wisdom, Love, Strength and Eternal Youth.  
I ask to realize Harmony, Happiness, and Abundant Prosperity.  
I ask that I may have the understanding direct from you, of the method of bringing forth from the Universal Substance that which will satisfy every good desire.  
But that I may have the clairvoyance and love so that I may be of service to everyone, who is also within you.

O heart of my being, O All, I open to you the temple that you give me.  
And give you my body, my word, and my spirit to create here all the goodness within you.  
And I guard my existence to contemplate you and love you eternally.

That which I desire is now made clear. I form in mind only that which I desire.  
As a seed begins its growth underground in the quiet and in the dark, so does my desire now take form in the silent, invisible realm of my existence.  
I enter my secret room and I open the door only to what is you—Wisdom, Love, and Truth.  
Quietly and confidently, I remain united with you in peace and hold my desire in my thought so that it may manifest itself ever more vividly in my experience.