

O heart of my being, O All, I am one with you.
I am in You, by You and with You.
I recognize your presence within the living that constitutes my whole being.
And I am dust in what I see of you, but never separated.

You are consciousness, light, substance, and creative life that oppose emptiness.
You are Wisdom, Love and Truth.
All around me, you are the power, the substance and the intelligence from which all things are formed and through which they are created.
You are the life of my mind, the support of my soul, the intelligence of my thought.

From where I am, I express you through my body and in my creative activity.
I seek to rise up to express you to the best of my ability and in truth.
For this reason and through the vigilance of my mind, I strive at every moment to remain united with you in thought.
I allow only You Spirit—Wisdom, Love and Truth— to move in my soul.

The desire of my thought which is implanted in my soul is quickened by your life in my spirit.
In the fullness of time and through the law of faith, it is brought into visibility in my experience.
I know that the good I desire is only waiting for the fulfillment of the law to be made visible and I know that this will come only through the strength of my faith in it.

This is my wish: Within me I ask to express Wisdom, Love, Strength and Eternal Youth.
Within you, I ask to realize Harmony, Happiness, and Abundant Prosperity.
I ask that I may have the understanding direct from you, of the method of bringing forth from the Universal Substance that which will satisfy every good desire.
But that I may have the clairvoyance and love so that I may be of service to everyone who is within you.

O heart of my being, O All, I open to you the temple that you give me.
And give you my body, my word, and my spirit to create here all the goodness within you.
And I guard my soul to contemplate and love you eternally.

That which I desire is now made clear. I form in mind only that which I desire.
As a seed begins its growth underground in the quiet and in the dark, so does my desire now take form in the silent, invisible realm of my soul.
I enter my secret room and I open the door only to what comes from you—Wisdom, Love, and Truth.
Quietly and confidently, I remain united with you in peace and hold my desire in my thought so that it may manifest itself ever more in my experience.